

Platz	Platz AK	Start-Nr.	Zeit	Name	Vorname	m/w	JG	AK	Verein	Lauf
1	1. M30	92	00:32:29,73	Krüger	Carsten	m	1984	M30	LAL Olympia 88 berlin	10k
2	1. M	44	00:33:15,97	Jankowski	Raoul	m	1991	M	Dets RaceTeam	10k
3	1. M35	41	00:33:24,32	Jankowski	Christof	m	1979	M35	Hannover 96	10k
4	2. M30	15	00:34:58,21	Solter	Andreas	m	1983	M30	LAC Langenhagen	10k
5	1. M40	80	00:35:25,39	Hernando Navarro	Jose Antonio	m	1974	M40	The spanish Corredores	10k
6	1. W30	68	00:37:27,36	Wendt	Ulrike	w	1984	W30	Hannover 96	10k
7	2. M40	101	00:37:36,85	Cabanillas Garcia	Francisco	m	1975	M40	The Spanish Corredores	10k
8	1. M45	100	00:37:37,03	Castineira Perez	Carlos	m	1969	M45	The Spanish Corredores	10k
9	2. M45	38	00:37:43,78	Kramer	Andreas	m	1969	M45	TSV Barsinghausen	10k
10	3. M45	36	00:38:37,01	Nickel	Dirk	m	1971	M45	Hannover	10k
11	3. M40	19	00:39:39,40	Schertl	Timo	m	1976	M40	TSV Victoria Linden	10k
12	1. M55	74	00:39:52,32	Sandoz	Daniel	m	1961	M55	Sandozconcept	10k
13	1. M50	78	00:39:57,88	Höltje	Sebastian	m	1966	M50	VfL Bückeberg	10k
14	2. M50	103	00:40:09,89	Möbius	Hartmut	m	1967	M50	Hannover 96 Triathlon	10k
15	1. W35	40	00:40:12,28	Marx	Beate	w	1979	W35	Dets RaceTeam	10k
16	4. M45	42	00:41:29,57	Seeger	Sven	m	1972	M45	Hannover Runners	10k
17	2. W30	70	00:41:43,29	Krause	Mandy	w	1987	W30	Post SV Lehrte	10k
18	4. M40	62	00:42:26,09	Helbing	Christian	m	1975	M40	TSV Burgdorf	10k
19	5. M45	93	00:42:31,94	Mohlzahn	Karsten	m	1972	M45		10k
20	2. M	77	00:42:43,80	Ludwig	Chris	m	1991	M	Comcave Athletics	10k
21	1. W50	20	00:42:59,72	Koch	Frau Raphaela	w	1966	W50	1966	10k
22	3. M50	31	00:43:10,87	Großmann	Uwe	m	1965	M50	Garbsener SC	10k
23	2. W50	71	00:43:41,66	Meier	Sabine	w	1966	W50	SG Bredenbeck	10k
24	6. M45	45	00:43:42,03	Lutz	Dr. Rüdiger	m	1969	M45	Hannover	10k
25	3. M	108	00:44:00,77	Wall	Henrik	m	1990	M	Hannover Runners	10k
26	4. M50	25	00:44:04,64	Czienskowski	Michael	m	1964	M50	Lebenshile Hannover	10k
27	7. M45	106	00:44:24,69	Langanki	Holger	m	1969	M45	Vinnhorster Vier	10k
28	8. M45	58	00:44:26,57	Burlone	Antonio	m	1970	M45	SG Misburg	10k
29	4. M	54	00:44:33,34	Diedeck	André	m	1989	M	kein Verein	10k
30	9. M45	12	00:44:37,80	Fischer	Mirco	m	1968	M45	Rübenberger Runner	10k
31	5. M40	109	00:44:47,05	Mühlbrot	Frank	m	1973	M40	VfL Bad Nenndorf	10k
32	1. W45	61	00:44:57,00	Knoop-Wente	Marion	w	1968	W45	TK, Hannover	10k
33	2. M35	29	00:45:08,50	Dösinger	Christian	m	1982	M35	Hannover 96 Triathlon	10k
34	10. M45	57	00:45:19,36	Jankowsky	Dirk	m	1969	M45	SVE Hiddesdorf	10k
35	3. W50	89	00:45:25,96	Rothan	Michaela	w	1965	W50	VfL Woltorf	10k
36	5. M50	22	00:45:53,98	Zeisberger	Dieter	m	1964	M50	Niedernberg	10k
37	6. M50	98	00:46:30,40	Niehaus	Jörg	m	1967	M50		10k
38	3. M30	72	00:47:01,49	Römhild	Ralph	m	1986	M30	Stahleff	10k
39	1. M65	49	00:47:02,27	Hüter	Ehrenfried	m	1952	M65	SC Langenhagen	10k
40	2. W45	30	00:47:02,87	Klippel-Westphal	Kerstin	w	1970	W45	Klippel Schuhmoden Burgwedel	10k
41	11. M45	66	00:47:07,87	Billert	Frank	m	1969	M45	Garbsener SC	10k
42	12. M45	43	00:47:11,57	Schröder	Rodger	m	1970	M45	Hannover	10k
43	13. M45	85	00:47:12,43	Delin	Fehni	m	1971	M45	Vinnhorster vier	10k
44	4. W50	81	00:47:20,90	Biniok	Katharina	w	1965	W50	TSV Kolenfeld	10k
45	3. M35	9	00:47:32,02	Jakubowski	Carsten	m	1982	M35	TUS Vinnhorst	10k
46	4. M35	23	00:47:36,74	Beßling	Martin	m	1981	M35	Hannover	10k
47	7. M50	73	00:47:46,89	Bültemann	Roland	m	1964	M50	TB Stöcken	10k
48	2. W35	34	00:48:13,08	Schulze	Diana	w	1978	W35	LAC Langenhagen	10k
49	5. M	96	00:48:27,07	Watermann	Felix	m	1988	M	Laufftreff Stöcken	10k
50	14. M45	79	00:48:27,32	Somoff	Björn	m	1972	M45	Langenhagen	10k
51	5. M35	39	00:48:39,29	Ahmetagic	Adnan	m	1978	M35	VHV Versicherungen	10k
52	3. W30	32	00:48:49,30	Böhnke	Joana	w	1985	W30	Lehrter SV	10k
53	8. M50	102	00:48:58,80	Meier	Frank	m	1965	M50		10k
54	1. M60	26	00:49:00,20	Evans	Stephen	m	1954	M60	Hannover	10k
55	2. M60	11	00:49:05,75	Fink	Michael	m	1956	M60	Hildesheim	10k
56	15. M45	69	00:49:16,53	Schröder	Torsten	m	1972	M45	MTV Ohndorf	10k
57	3. W45	14	00:49:20,18	Von Dem Knesebeck	Christiane	w	1969	W45	RSG Hannover	10k
58	4. W45	75	00:49:22,26	Beumler	Tanja	w	1971	W45	Sandozconcept	10k
59	6. M35	55	00:49:38,27	Reinack	Axel	m	1982	M35	Garbsen	10k
60	1. MJ U20	6	00:50:06,17	Brosch	Torben	m	1999	MJ U20	SCL Fitness	10k
61	9. M50	60	00:50:19,39	Frische	Josef	m	1964	M50	VfL Eintracht Hannover	10k
62	7. M35	84	00:50:19,76	Cyrol	Thomas	m	1979	M35		10k
63	10. M50	99	00:50:41,34	Wagner	Frank	m	1964	M50	MTV Immensen	10k
64	3. M60	33	00:50:47,46	Messerschmidt	Alfred	m	1955	M60	Tischlerei Messerschmidt	10k

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65	2. M55	28	00:50:50,51	Wolff	Herr Gisbert	m	1959	M55	Rübenberger Renner	10k
66	6. M40	105	00:50:51,46	Pott	Helge	m	1975	M40		10k
67	3. M55	18	00:50:55,59	Totzke	Georg	m	1960	M55	1960	10k
68	8. M35	67	00:51:01,00	Görck	Harald	m	1978	M35	Horn Bad Meinberg	10k
69	5. W50	107	00:51:21,96	Ziechner	Maron	w	1966	W50	PingPark.de	10k
70	1. M75	35	00:51:22,76	Kramer	Manfred	m	1940	M75	TSV Barsinghausen	10k
71	1. W55	86	00:51:41,85	Kindler	Jutta	w	1960	W55	Pingponk.de	10k
72	2. W55	53	00:52:06,86	Meyer	Birgitt	w	1959	W55	Pingpank.de	10k
73	3. W35	59	00:52:20,47	Burlone	Britta	w	1978	W35	SG Misburg	10k
74	5. W45	37	00:52:35,98	Schlüter - Seegatz	Kirsten	w	1972	W45	Suthfeld	10k
75	11. M50	17	00:52:38,17	Schönenberg	Holger	m	1963	M50	Hannover	10k
76	6. M	3	00:53:04,17	Schmidt	Tom	m	1993	M	Hannover	10k
77	4. M60	1	00:53:22,82	Gloistein	Wolfgang	m	1955	M60	Erdinger Alkoholfrei	10k
78	2. MJ U20	8	00:53:53,23	Bertram	Samuel	m	1999	MJ U20	TTC Vinnhorst	10k
79	1. M70	21	00:54:19,63	Huhs	Detlef	m	1947	M70	TB-STOECKEN	10k
80	6. W50	50	00:55:24,19	Mausund	Heike	w	1967	W50	TB Stöcken Laufftreff	10k
81	1. W65	97	00:55:56,02	Voß	Brigitte	w	1949	W65	OG Hannover	10k
82	4. M55	4	00:56:17,62	Boguslu	Saim	m	1960	M55	Trabzon...61/Continental AG	10k
83	6. W45	104	00:56:24,00	Rödger	Antje	w	1968	W45	Hannover 96 Triathlon	10k
84	7. W50	10	00:56:43,01	Stahn	Brigitte	w	1963	W50	SC Langenhagen	10k
85	4. W30	82	00:57:11,79	Gigena	Maria Belen	w	1985	W30	LAC Langenhagen	10k
86	1. M U23	51	00:58:00,04	Al Thiab	Mohammad	m	1995	M U23	TB Stöcken Laufftreff	10k
87	2. M70	7	00:58:02,27	Mazurek	Paul	m	1947	M70	Celler Netz	10k
88	3. W55	48	01:01:25,48	Weihe	Doris	w	1958	W55	TuS Germania Apelern	10k
89	1. M80	88	01:01:59,08	Köhne	Friedrich	m	1936	M80	TB Stöcken	10k
90	4. M30	5	01:04:56,89	Graf	Markus	m	1986	M30	Pattensen	10k
91	1. W40	24	01:09:00,08	Maul	Judith	w	1973	W40	Hannover	10k
92	4. W35	91	01:10:59,07	Hebemeyer	Claudia	w	1980	W35		10k
93	5. W35	90	01:10:59,32	Runge Asche	Nicole	w	1981	W35		10k
94	1. WJ U18	63	01:11:23,36	Urban	Mareile	w	2000	WJ U18	Lehrte	10k
95	12. M50	64	01:11:24,75	Urban	Alexander	m	1965	M50	Lehrte	10k
96	7. W45	65	01:12:18,75	Rintelmann	Ina	w	1971	W45	Hannover	10k