

	A	B	C	D	E	F	G	H	I	J	L
1	Platz	Platz AK	Start-Nr.	Zeit	Name	Vorname	m/w	JG	AK	Verein	Lauf
2	1	1. M35	83	00:33:26,00	Jankowski	Christof	m	1979	M35	Hannover 96	10k
3	2	2. M35	29	00:33:59,57	Solter	Andreas	m	1983	M35	LAC Langenhagen	10k
4	3	1. M45	80	00:35:26,56	Dörrie	Robin	m	1969	M45	Hannover 96	10k
5	4	2. M45	72	00:35:27,17	Rodenbeck	Jürgen	m	1969	M45	TuS Wunstorf	10k
6	5	3. M45	49	00:36:34,05	Kühlke	Frank	m	1973	M45	Die Runner	10k
7	6	4. M45	71	00:38:00,47	Kleinholz-Mewes	Jörg	m	1973	M45	Dets RaceTeam	10k
8	7	5. M45	65	00:38:36,35	Nickel	Dirk	m	1971	M45	Hannover	10k
9	8	1. M30	25	00:38:54,73	Wüsteney	Björn	m	1986	M30	TSV Barsinghausen	10k
10	9	1. M40	18	00:39:42,26	Schertl	Timo	m	1976	M40	TSV Victoria Linden	10k
11	10	6. M45	108	00:39:44,56	Lambrecht	Swen	m	1973	M45	VfL Woltorf	10k
12	11	7. M45	122	00:39:59,33	Abke	Jörg	m	1970	M45	TSr Aschaffenburg	10k
13	12	3. M35	112	00:40:15,56	Eick	Dennis	m	1980	M35	ETSV Haste	10k
14	13	1. M50	66	00:40:45,29	Höltje	Sebastian	m	1966	M50	VfL Bückeburg	10k
15	14	1. W35	23	00:41:08,94	Geermann	Sabrina	w	1982	W35	Dets RaceTeam	10k
16	15	8. M45	57	00:41:21,89	Burlone	Antonio	m	1970	M45	SG Misburg	10k
17	16	1. M55	91	00:41:26,53	Splett	Tristan	m	1962	M55	LAC Langenhagen	10k
18	17	2. M55	40	00:42:04,59	Hamann	Thomas	m	1961	M55	SSC Springe	10k
19	18	9. M45	50	00:42:15,09	Völkel	Thomas	m	1973	M45	Rübenberger Renner	10k
20	19	1. W45	101	00:42:27,48	Süßmann	Andrea	w	1969	W45	Garbsener SC	10k
21	20	1. M60	38	00:42:34,71	Gütermann	Frank	m	1957	M60	LAC Langenhagen	10k
22	21	1. M	43	00:42:39,22	Lodi	Luciano	m	1990	M	Hannover	10k
23	22	2. M50	120	00:42:39,41	Bockisch	Dirk	m	1965	M50	LAC Langenhagen	10k
24	23	2. M	102	00:42:44,03	Wall	Henrik	m	1990	M	Hannover Runners	10k
25	24	3. M50	127	00:43:05,05	Tulowitzki	Thomas	m	1968	M50	TRI-JOY-IMMENSEN-ARPKE	10k
26	25	3. M	30	00:43:24,54	Herrmann	Brian	m	1992	M	TRI-JOY-IMMENSEN-ARPKE	10k
27	26	4. M50	15	00:43:30,83	Frey	Andreas	m	1967	M50	Hannover Runners	10k
28	27	10. M45	118	00:43:44,14	Othmer	Andreas	m	1972	M45		10k
29	28	1. W50	55	00:43:55,17	Koch	Raphaella	w	1966	W50	SG Bredenbeck	10k
30	29	5. M50	63	00:44:17,79	Großmann	Uwe	m	1965	M50	Garbsener SC	10k
31	30	3. M55	106	00:44:41,74	Möhlmann	Uwe	m	1962	M55	Team Long Distance	10k
32	31	11. M45	73	00:45:06,51	Lutz	Rüdiger	m	1969	M45	Hannover	10k
33	32	4. M35	37	00:45:20,19	Dösinger	Christian	m	1982	M35	Hannover 96 Triathlon	10k
34	33	1. W30	26	00:45:30,23	Werner	Sabrina	w	1986	W30	Kautschukinstitut Hannover	10k
35	34	1. W60	70	00:45:36,67	Lyda	Hannelore	w	1958	W60	Dets RaceTeam	10k
36	35	2. W50	107	00:45:57,41	Rothan	Michaela	w	1965	W50	VfL Woltorf	10k
37	36	1. MJ U20	89	00:46:08,51	Cech	Henning	m	1999	MJ U20	Hannover	10k
38	37	6. M50	28	00:46:10,94	Cordes	Andreas	m	1967	M50	Niedersachsenstadion W17	10k
39	38	12. M45	82	00:46:11,92	Strohmeier	Stephan	m	1970	M45	DSC Delligsen	10k
40	39	2. M60	34	00:46:18,23	Evans	Stephen	m	1954	M60	Hannover runners	10k
41	40	4. M55	78	00:46:22,03	Giersemehl	Udo	m	1960	M55	Continental Reifen Deutschland Gr	10k
42	41	13. M45	56	00:46:24,26	Franke	Sven	m	1972	M45	Hannover	10k
43	42	2. W30	68	00:46:34,84	Krause	Mandy	w	1987	W30	Post SV Lehrte	10k
44	43	3. M60	77	00:46:41,04	Rietschel	Bernd	m	1958	M60	LAC Langenhagen	10k
45	44	2. M30	17	00:46:41,55	Neugebauer	Lars	m	1984	M30	TTC Vinnhorst	10k
46	45	4. M	39	00:46:41,78	Schmidt	Tom	m	1993	M	Hannover	10k
47	46	7. M50	105	00:46:50,98	Rückstein	Carsten	m	1966	M50	SGNS	10k
48	47	14. M45	60	00:46:51,90	Könemann	Lutz	m	1969	M45	Holtorfer SV	10k
49	48	8. M50	97	00:46:53,66	Niehaus	Jörg	m	1967	M50	Hannover	10k
50	49	5. M35	6	00:46:56,37	Jakubowski	Carsten	m	1982	M35	TuS Vinnhorst	10k
51	50	2. W45	121	00:46:58,28	Marienber	Anette	w	1970	W45		10k
52	51	3. W50	41	00:47:10,01	Hamann	Simone	w	1966	W50	SSC Springe	10k
53	52	2. MJ U20	93	00:47:14,54	Priemer	Lukas	m	1999	MJ U20	Hannover	10k
54	53	1. M65	115	00:47:30,99	Hüter	Ehrenfried	m	1952	M65	SC Langenhagen	10k
55	54	9. M50	84	00:47:36,06	Krüger	Steffen	m	1964	M50	TSV Gestorf	10k
56	55	3. W45	64	00:47:38,07	Klippel-Westphal	Kerstin	w	1970	W45	Klippel Schuhmoden Burgwedel	10k
57	56	6. M35	36	00:47:41,02	Seja	Martin	m	1980	M35	Hannover	10k
58	57	3. W30	12	00:47:42,89	Böhnke	Joana	w	1985	W30	Lehrter SV	10k
59	58	7. M35	1	00:47:45,53	Beßling	Martin	m	1981	M35	Hanover	10k
60	59	4. M60	22	00:47:53,69	Messerschmidt	Alfred	m	1955	M60	Tischlerei Messerschmidt	10k
61	60	15. M45	125	00:48:14,91	Kostrzewa	Felix	m	1971	M45	TSV Victoria Linden	10k
62	61	16. M45	126	00:48:18,40	Hahne	Thomas	m	1970	M45	Hannover Runners	10k
63	62	17. M45	90	00:48:26,32	Schröder	Torsten	m	1972	M45	MTV Ohndorf	10k
64	63	4. W45	51	00:48:45,00	Jahns	Tanja	w	1969	W45	Rübenberger Renner	10k
65	64	18. M45	92	00:48:56,23	Schröder	Rodger	m	1970	M45	Hannover	10k
66	65	10. M50	96	00:48:58,21	Meier	Frank	m	1965	M50	Hannover	10k
67	66	11. M50	117	00:49:13,47	Schröer	Olaf	m	1967	M50		10k
68	67	4. W30	19	00:49:17,04	Hackett	Larissa	w	1984	W30	Hannover	10k
69	68	12. M50	61	00:49:36,21	Feldmann	Hartmut	m	1965	M50	TSV Burgdorf	10k
70	69	1. W40	58	00:49:46,70	Burlone	Britta	w	1978	W40	SG Misburg	10k
71	70	2. M65	81	00:49:56,36	Fettback	Norbert	m	1953	M65	Pingpank Running	10k
72	71	5. W45	88	00:50:05,81	Strüber	Beate	w	1969	W45	LAC Langenhagen	10k
73	72	3. M65	79	00:50:07,21	Kurbach	Lothar	m	1953	M65	Hannover	10k
74	73	2. M40	85	00:50:08,71	Taube	Ingo	m	1975	M40	Post-SV Holzminden	10k
75	74	5. M60	111	00:50:10,60	Eick	Dieter	m	1954	M60	Hohnhorst	10k
76	75	4. W50	100	00:50:10,98	Ziechner	Marion	w	1966	W50	pingpank.de	10k
77	76	5. M	74	00:50:11,63	Schrader	Arne	m	1991	M	Hannover	10k
78	77	4. M65	87	00:50:16,49	Fuhrberg	Reinhard	m	1952	M65	Post SV Lehrte	10k
79	78	13. M50	11	00:50:35,21	Steinmann	Frank	m	1964	M50	Privat	10k
80	79	14. M50	45	00:50:49,96	Steffens-Brüdgam	Nils	m	1965	M50	Hannover	10k

	A	B	C	D	E	F	G	H	I	J	L
1	Platz	Platz AK	Start-Nr.	Zeit	Name	Vorname	m/w	JG	AK	Verein	Lauf
81	80	19. M45	14	00:50:51,93	Rothe	Dirk	m	1972	M45	Iserhagen	10k
82	81	15. M50	130	00:51:05,93	Löb	Helmut	m	1968	M50		10k
83	82	20. M45	48	00:51:13,18	Steinemann	Sascha	m	1971	M45	DACHSER Running Crew	10k
84	83	2. W40	76	00:51:24,71	Eickhoff	Carmen	w	1976	W40	1976	10k
85	84	6. M60	116	00:51:27,59	Hippler	Peter	m	1955	M60	VHV Versicherungen	10k
86	85	3. W40	69	00:51:29,82	Ziball	Nicole	w	1974	W40	TK HANNOVER	10k
87	86	16. M50	123	00:51:40,86	Wagner	Frank	m	1964	M50		10k
88	87	3. M40	131	00:51:43,47	Meier	Sven	m	1976	M40		10k
89	88	7. M60	53	00:51:51,62	Riekeberg	Klaus	m	1957	M60	Turnerbund Stöcken von 1896 e. V.	10k
90	89	5. M55	54	00:51:59,93	Wolff	Gisbert	m	1959	M55	Rübenberger Renner	10k
91	90	5. M65	133	00:52:08,43	Dölling	Dieter	m	1953	M65	Einzelläufer	10k
92	91	3. M30	119	00:52:17,03	Anke	Patrick	m	1987	M30	TRI-JOY-IMMENSEN-ARPKE	10k
93	92	2. W60	52	00:52:17,81	Anton	Renate	w	1954	W60	PSV Lehrte	10k
94	93	1. W55	99	00:52:36,53	Meyer	Birgitt	w	1959	W55	Pingpank.de	10k
95	94	17. M50	16	00:52:36,72	Fröhling	Jörg	m	1964	M50	Hosianna Runners	10k
96	95	5. W50	44	00:53:00,75	Scharif-Afschar	Silvia	w	1967	W50	Hannover	10k
97	96	5. W30	86	00:53:09,07	Terra	Imke	w	1987	W30	Post-SV Holzminden	10k
98	97	6. W50	132	00:53:20,89	Mausund	Heike	w	1967	W50	TB Stöcken	10k
99	98	6. M55	103	00:53:41,77	Bornemeier	Heico	m	1961	M55	Pingpank.de	10k
100	99	21. M45	98	00:53:51,50	Volkmann	Frank-Dieter	m	1970	M45	Wunstorf	10k
101	100	6. M65	109	00:54:26,93	Rinne	Ernst	m	1952	M65	TB Stöcken	10k
102	101	3. MJ U20	3	00:54:48,50	Brosch	Torben	m	1999	MJ U20	Hannover	10k
103	102	6. W45	104	00:55:00,42	von Heyden	Dorothee	w	1971	W45	TuS Vinnhorst	10k
104	103	2. W55	59	00:55:08,22	Nakoneczny	Bärbel	w	1963	W55	Hannover 96	10k
105	104	18. M50	33	00:55:08,60	Lautenbach	Frank	m	1968	M50	Hannover 96	10k
106	105	8. M35	24	00:55:28,00	Jindra	Christian	m	1983	M35	Privatperson	10k
107	106	8. M60	2	00:56:07,92	Gloistein	Wolfgang	m	1955	M60	Team Erdinger alkoholfrei	10k
108	107	7. W45	13	00:56:35,61	Thoms	Tatjana	w	1972	W45	Hannover	10k
109	108	19. M50	129	00:57:49,52	Schleinig	Roland	m	1964	M50	TB Stöcken	10k
110	109	3. W55	32	00:58:03,43	Möller	Susanne	w	1959	W55	TRI-JOY-IMMENSEN-ARPKE	10k
111	110	6. W30	9	00:58:49,55	Kogge	Simone	w	1984	W30	Hermannsburg	10k
112	111	1. M70	4	00:59:58,33	Mazurek	Paul	m	1947	M70	Celler Netz	10k
113	112	4. M30	46	01:00:08,75	John	Michael	m	1985	M30	Hannover	10k
114	113	2. M70	113	01:02:39,23	Krenz	Manfred	m	1947	M70	LAC Langenhagen	10k
115	114	7. W50	124	01:03:09,75	Kostrzewa	Anne	w	1967	W50	TSV Victoria Linden	10k
116	115	4. W55	110	01:04:38,26	Komoll	Birgit	w	1960	W55	LAC Langenhagen	10k
117	116	2. W35	95	01:07:10,88	Schröder	Nicole	w	1980	W35	Garbsen	10k
118	117	22. M45	94	01:07:11,05	Weichelt	Thorsten	m	1973	M45	Pegasus 92 Hannover	10k
119	118	8. W50	128	01:09:04,05	Meyer	Claudia	w	1967	W50	TB Stöcken	10k
120	119	1. M80	114	01:09:04,55	Köhne	Friedel	m	1936	M80	TB Stöcken	10k
121	120	8. W45	27	01:11:33,42	Parker	Carmen	w	1969	W45	Hannover	10k